




MCPASD MHS Menu – March, 2010



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Popcorn Chicken Potato Smiles Seasoned Green Beans Peach Cup Dinner Roll</p> <hr/> <p>Alternate Choice: Stuffed Crust Sausage** Pizza Wedge</p>	<p>2 Cheese Quesadilla Fresh Veggie Topping Bar Spanish Rice & Black Beans Steamed Broccoli Fresh Apple Slices</p> <hr/> <p>Alternate Choice: "Walking Tacos" - Beef** Taco Meat and Crispy Corn Rounds</p>	<p>3 Chicken Teriakiy & Rice Bowl Oriental Vegetable Blend Veggie Egg Roll Mandarin Oranges Fortune Cookie</p> <hr/> <p>Alternate Choice: Beef Teriyaki</p>	<p>4 Rotini and Meat Sauce Italian Blend Veggies Fresh Whole Fruit Choice Italian Bread Slice Frozen Yogurt Cup</p> <hr/> <p>Alternate Choice: New Alfredo Sauce with Rotini</p>	<p>5 Bacon** Cheeseburger Baked Curly Fries Whole Kernel Corn Fruit Snacks Our Own Brownie</p> <hr/> <p>Alternate Choice: Spicy Chicken on a Bun</p>
<p>8 Chicken Patty on a Bun Sandwich Trimming Bar Seasoned Curly Fries Steamed Carrots Peach Cup</p> <hr/> <p>Alternate Choice: BBQ Pork** on a Bun</p>	<p>9 Meat** or Bean Taco Filling served on Hard or Soft Shell Tortillas Fresh Veggie Topping Bar Spanish Rice Seasoned Pinto Beans Whole Fresh Fruit Choice</p> <hr/> <p>Alternate Choice: Chicken Quesadilla</p>	<p>10 Turkey & Gravy Mashed Potatoes Seasoned Peas Chilled Pears Dinner Roll Our Own Harvest Bar</p> <hr/> <p>Alternate Choice: Shredded Beef Pot Roast</p>	<p>11 Pizza Dippers with warm Marinara Sauce for dipping Green Salad Bar Fresh Apple Slices Frozen Yogurt Cup</p> <hr/> <p>Alternate Choice: Philly Cheese Steak Sandwich</p>	<p>12 Mini Fish Sandwiches Lettuce, Pickles & Tartar Sauce Baked Chips Whole Kernel Corn Fruit Snacks Our Own Chocolate Pudding</p> <hr/> <p>Alternate Choice: Mini Cheeseburgers on a Bun</p>
<p>15 Chicken Nuggets & Dipping Sauce Baked French Fries Green Beans Peach Cup Soft Dinner Roll</p> <hr/> <p>Alternate Choice: BBQ Rib** on a Bun</p>	<p>16 Mini Corn Dogs Mac & Cheese Seasoned Broccoli Fresh Apple Slices</p> <hr/> <p>Alternate Choice: Ham & Cheese Melt</p>	<p>17 Early Release Today Scrambled Eggs & Cheese Baked Canadian Bacon** Our Own Hash Browns Warm Spiced Apple Slices Our Own Petite Cinnamon Roll</p> <hr/> <p>Alternate Choice: French Toast Sticks & Syrup</p>	<p>18 Garlic Cheese Bread Fresh Veggie Tray & Dip Chilled Pears Fresh Baked Snickerdoodle</p> <hr/> <p>Alternate Choice: Italian Beef Pasta Soup & a Fresh Hot Breadstick</p>	<p>19 NEW - Spicy Grilled Cheese Sandwich Turkey Chili & Beans Whole Kernel Corn Mixed Fruit Cup</p> <hr/> <p>Alternate Choice: Hot Dog** on a Bun</p>
<p>Spring Break March 22nd to March 26th – ENJOY!!!</p>				
<p>29 Spicy Chicken Sandwich Cosmic Potato Shapes California Blend Veggies Peach Cup</p> <hr/> <p>Alternate Choice: Hot Beef on a Bun</p>	<p>30 Beefy Nachos on Baked Mini Corn Rounds Assorted Toppings - Lettuce, Veggies & Salsa Seasoned Pinto Beans Fresh Sliced Apples</p> <hr/> <p>Alternate Choice: Our Own Chicken Noodle Soup, Salad & Breadstick</p>	<p>31 Chicken Strips with Dipping Sauces Sweet Potato Fries Green Beans Chilled Pears Whole Wheat Bread Slice</p> <hr/> <p>Alternate Choice: Fish Strips & Tartar Sauce</p>	<p>April 1 BBQ Pork** on a Bun Our Own Pasta Salad Baked Beans Whole Kernel Corn Chilled Pineapple Frozen Yogurt Cup</p> <hr/> <p>Alternate Choice: Chicken Patty on a Bun</p>	<p>April 2</p> <p style="text-align: center;">No School Today</p> <div style="text-align: center;"> </div>
<p>**May contain pork as an ingredient.</p>	<p> 8 oz of fluid milk is offered with each school meal. We serve skim & 1% white, plus skim chocolate daily.</p>	<p>This menu may change due to product availability. Thank you for understanding.</p>	<p>???Questions about your Lunch Express account – please call Kathy at 829-2343 or email at kschultz@mcpasd.k12.wi.us</p>	<p>???Questions about allergies or health concerns – please call Susan at 829-2346 or email at speterman@mcpasd.k12.wi.us</p>